

# THE GROOVE CUP 2025



**25<sup>th</sup> - 28<sup>th</sup> NOVEMBER 2025**  
**SINGAPORE SPORTS HUB / OCBC ARENA**

# WELCOME

**Dear Clubs and Friends,**

We warmly invite you to join us at The Groove Cup 2025, an international rhythmic gymnastics competition proudly hosted by Rhythm & Groove, taking place from 25 to 28 November 2025 at the iconic OCBC Arena, Singapore.

This prestigious event brings together talented gymnasts from across the region to celebrate excellence, artistry, and the joy of rhythmic gymnastics. Set in the heart of Singapore's premier sports hub, The Groove Cup promises a high-energy atmosphere, world-class performances, and meaningful connections within the global gymnastics community.

We would be honored to welcome your athletes, coaches, and supporters to be part of this exciting celebration of sport and spirit. Whether you're joining us in competition or cheering from the stands, we look forward to creating unforgettable memories together.

**Warmest regards,  
The Groove Cup 2025 Organising Committee  
Rhythm & Groove Private Limited**

**Organiser**

Rhythm & Groove Private Limited

**Competition Director**

Ms. Andrea Mae Leong

**Head Judge**

Ms. Liubou Charkashyna

**Event Coordinators**

Contact (English): Ms. Lwin Lwin Aung

WhatsApp: +65 8838 0044

Contact (Chinese): Ms. Jessica Koh

WhatsApp: +65 9875 5710

Email: [admin@rhythmandgroove.sg](mailto:admin@rhythmandgroove.sg)



**THE  
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## Discover Singapore

A vibrant blend of cultures, flavors, and innovation, **Singapore** is the perfect destination to explore beyond the competition floor. From iconic landmarks like **Marina Bay Sands** and **Gardens by the Bay**, to charming heritage districts such as **Chinatown**, **Little India**, and **Kampong Glam**, the city offers something for everyone.

Indulge in world-famous hawker food, shop along **Orchard Road**, or enjoy family fun at **Sentosa Island**. With a clean, safe, and efficient transport system, getting around is a breeze. Whether it's your first visit or your tenth, Singapore always has something new to discover.

**We can't wait to welcome you!**

# TO SINGAPORE!



# AWARDS

## **FIG CATEGORY A**

1 <sup>ST</sup> PLACE (IAA)	SGD \$1000
2 <sup>ND</sup> PLACE (IAA)	SGD \$700
3 <sup>RD</sup> PLACE (IAA)	SGD \$300

## **FIG JUNIORS & SENIORS CATEGORY A**

All-Around & Apparatus Finals (Top 3 per Age Category)\*

\*Max 2 per Club/ Federation

## **GROUP CATEGORY**

All-Around & Apparatus Finals (Top 8 per Age Category)

## **INDIVIDUAL AGE GROUP + FIG CATEGORY B**

<b>IAA</b>	Top 8 per Age Category
<b>IAF</b>	All competitors will be awarded an IAF medal for each apparatus/ freehand routine per age category in the following format:  <ul style="list-style-type: none"><li>- Top 1/3 – Gold</li><li>- Second 1/3 – Silver</li><li>- Third 1/3 – Bronze</li></ul>
<b>Team Competition</b>	Top 3 Teams



## **OCBC ARENA, Sports Hub Singapore**

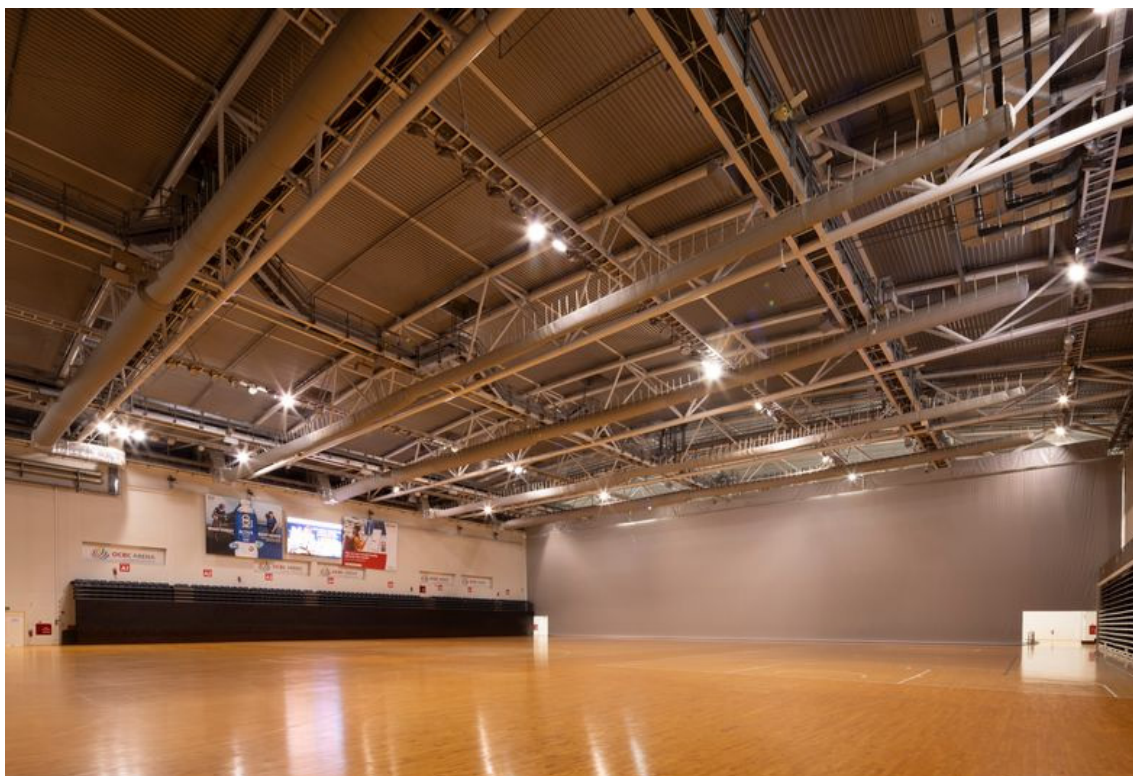
5 Stadium Drive, Singapore 397631

The Groove Cup 2025 will be held at the prestigious OCBC Arena, located within the iconic Singapore Sports Hub—a state-of-the-art sports and entertainment precinct in the heart of the city. This venue also hosted the esteemed Asian Championship 2025.

Purpose-built for high-performance sport, the OCBC Arena offers an international-standard competition environment, featuring professional-grade flooring & tiered spectator seating.

### **Head Judge**

Proud to have Internationally respected - FIG Accredited Judge, **Liubou Charkashyna**, known for her technical expertise, fairness and international experience in Rhythmic Gymnastics.



# THE ARENA

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CUP 2025

# REGISTRATION



## **International Gymnasts**

Early Bird (Individual Category):

USD 165 per gymnast

Early Bird (Group Category):

USD 360 per group

Regular Registration (Individual Category):

USD 190 per gymnast

Regular Registration (Group Category):

USD 420 per group

Early Bird Registration:

1 September 2025

Regular Registration:

30 September 2025

## **International Pathway Registration Link**

[https://rgform.eu/event.php?id\\_prop=8716](https://rgform.eu/event.php?id_prop=8716)

## **Judging Requirements**

Each club/ delegation is to have 1 registered judge (FIG accredited or National Judge). A **"No Judge fee"** will be charged at SGD 500 (incl GST) (local teams) or USD 400 (international teams).

Each Team will be given 1 Team Manager's accreditation.

Each Team will be given 1 accreditation for coach for every 8 gymnasts registered.

# HOTEL & TRANSPORT

THE  
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CUP 2025



## **IBIS on Bencoolen (Official Hotel Partner)**

A 4-star hotel in the heart of Bugis, Singapore, 10mins drive away from the competition venue.

Single Occupancy: SGD\$175++ (incl. Buffet Breakfast & unlimited Wifi)

Double Occupancy: SGD\$190++ (incl. Buffet Breakfast & unlimited Wifi)

All rates are quoted in Singapore Dollar & will be subjected to 10% service charge and prevailing government taxes (GST) unless otherwise stated.

Booking link for Hotel will be provided upon registration.

## **Transportation**

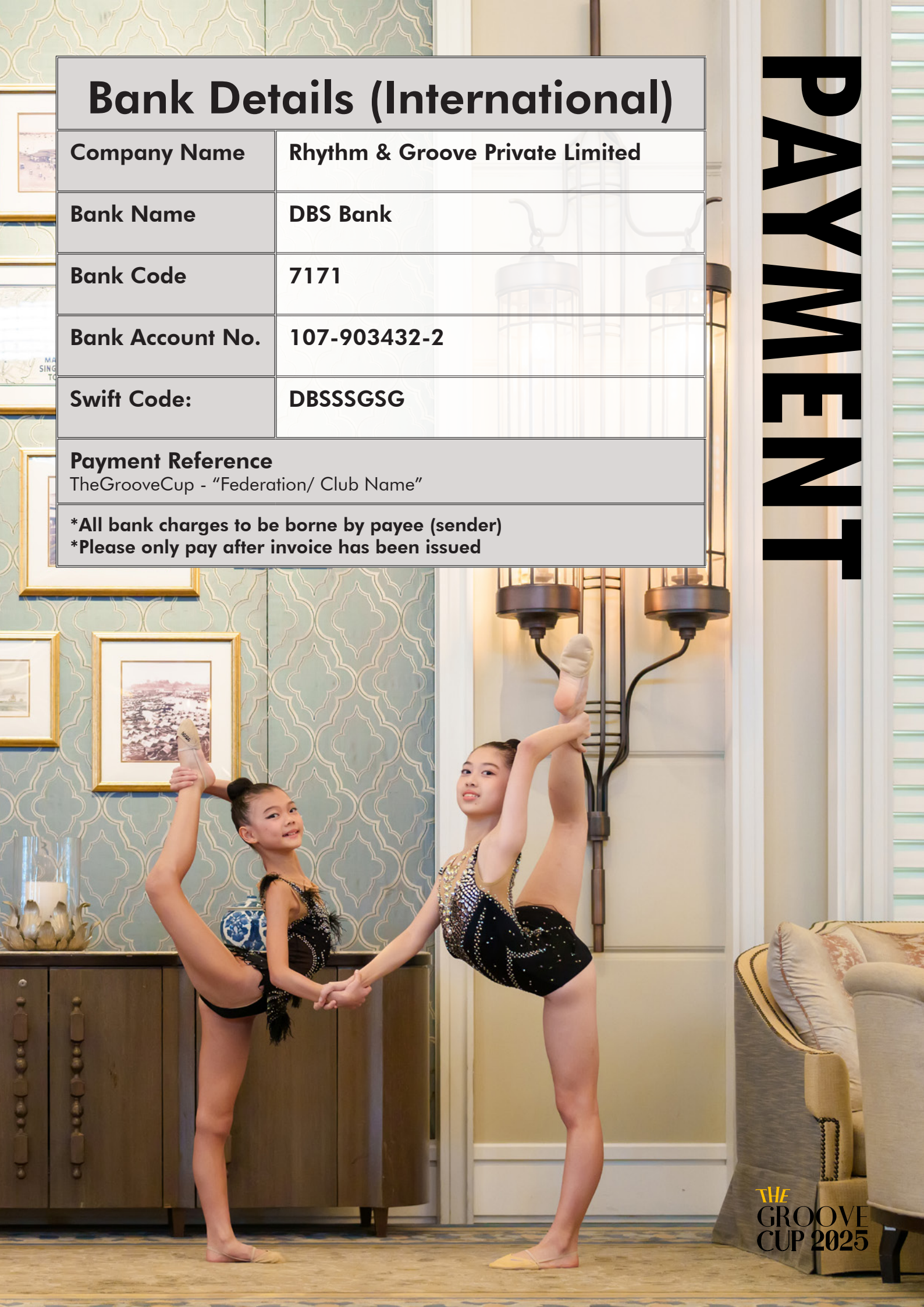
The LOC can provide local transportation for participants from Changi Airport to/ from Hotel as well as from/ to the official Hotel and competition hall at prices listed below:

- USD 100 per person for Airport Transfers & 4 days shuttle from Competition Venue to official Hotel (vice versa) – Liaison officer will be attached to the team for airport transfers.
- USD 65 per person for 4 days shuttle from Competition Venue to official Hotel (vice versa) only.
- USD 50 per person for Airport Transfers only – Liaison officer will be attached to the team for airport transfers.

# Bank Details (International)

Company Name	Rhythm & Groove Private Limited
Bank Name	DBS Bank
Bank Code	7171
Bank Account No.	107-903432-2
Swift Code:	DBSSGSG
<b>Payment Reference</b> TheGrooveCup - "Federation/ Club Name"	
*All bank charges to be borne by payee (sender) *Please only pay after invoice has been issued	

PAYMENT



# SCHEDULE

## Deadline Summary

Early Bird Registration	1 September 2025
Early Bird Payment	15 September 2025
Regular Registration	30 September 2025
Regular Payment	7 October 2025
Music/ Photo Submission	15 October 2025

## Preliminary Schedule

24 November 2025 (Monday)	Day of Arrival of International Teams
25 November 2025 (Tuesday)	Podium Training (International Teams) 7pm Team Managers & Judges meeting
26 November 2025 (Wednesday)	<b>Competition Day 1</b> <ul style="list-style-type: none"><li>• Age Group 12 Years Cat A &amp; B</li><li>• Age Group 11 Years Cat A &amp; B</li><li>• FIG Juniors (Hoop/ Ball)</li><li>• FIG Seniors (Hoop/ Ball)</li></ul> <b>Opening Ceremony</b>
27 November 2025 (Thursday)	<b>Competition Day 2</b> <ul style="list-style-type: none"><li>• Age Group 10 Years Cat A &amp; B</li><li>• Age Group 9 Years Cat A &amp; B</li><li>• Age Group 6 Years Cat A &amp; B</li><li>• FIG Juniors (Clubs/ Ribbon)</li><li>• FIG Seniors (Clubs/ Ribbon)</li></ul>
28 November 2025 (Friday)	<b>Competition Day 3</b> <ul style="list-style-type: none"><li>• Age Group 7 Years Cat A &amp; B</li><li>• Age Group 8 Years Cat A &amp; B</li><li>• Groups</li></ul> <b>Master Class</b> <b>Closing Ceremony</b>
29 November 2025 (Saturday)	Departure Day for International Teams

# CATEGORIES

## Individual Category

	Category A	Category B
<b>6 Years (2019)</b>	Freehand + Choice of 1 App *Max 2 Routines	Freehand + Choice of 1 App *Max 2 Routines
<b>7 Years (2018)</b>	Freehand + Choice of 2 Apps *Max 3 Routines	Freehand + Choice of 1 App *Max 2 Routines
<b>8 Years (2017)</b>	Freehand + Choice of 2 Apps *Max 3 Routines	Freehand + Choice of 1 App *Max 2 Routines
<b>9 Years (2016)</b>	Freehand + Choice of 3 Apps *Max 4 Routines	Freehand + Choice of 1 App *Max 2 Routines
<b>10 Years (2015)</b>	4 Apparatus (Hoop, Ball, Clubs & Ribbon)	Choice of 2 Apps (Hoop/ Ball/ Clubs/ Ribbon) *Max 2 Routines
<b>11 Years (2014)</b>	4 Apparatus (Hoop, Ball, Clubs & Ribbon)	Choice of 2 Apps (Hoop/ Ball/ Clubs/ Ribbon) *Max 2 Routines
<b>12 Years (2013)</b>	4 Apparatus (Hoop, Ball, Clubs & Ribbon)	Choice of 2 Apps (Hoop/ Ball/ Clubs/ Ribbon) *Max 2 Routines
<b>FIG Juniors 13-15 Years (2010-2012)</b>	4 Apparatus (Hoop, Ball, Clubs & Ribbon)	Choice of 2 Apps (Hoop/ Ball/ Clubs/ Ribbon) *Max 2 Routines
<b>FIG Seniors 15 &amp; Above (2010 &amp; Older)</b>	4 Apparatus (Hoop, Ball, Clubs & Ribbon)	Choice of 2 Apps (Hoop/ Ball/ Clubs/ Ribbon) *Max 2 Routines

## Group Category

<b>Under 6 (2019 &amp; Younger)</b>	<b>Freehand (5 Gymnasts)</b>
<b>Under 8 (2017 &amp; Younger)</b>	<b>Freehand (5 Gymnasts)</b>
<b>Under 10 (2015 &amp; Younger)</b>	<b>Freehand (5 Gymnasts) + 5 Apps By Choice</b>
<b>Under 12 (2013 &amp; Younger)</b>	<b>Freehand (5 Gymnasts) + 5 Apps by Choice</b>
<b>FIG Junior (2010 &amp; Younger)</b>	<b>5 Pairs of Clubs + 5 Hoops</b>
<b>FIG Senior (2010 &amp; Older)</b>	<b>3 Balls 2 Hoops + 5 Ribbons</b>

Please refer to the international directives for specific rules for age groups.

‘Lets find your Groove  
in Every Move!’

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NOV 2025**

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